

Lat Pull-Down Machine

| Activity | | Type Of Service | | | | |
|-----------------------------|--|-----------------|---|---|---|---|
| | | A | B | C | D | E |
| Last Issue Date: 13/12/2016 | | | | | | |
| 1 | Check nuts and bolts for looseness. Tighten as required. | | | Y | Y | |
| 2 | Inspect all cables/belts for wear and damage. Ensure proper tension in cables/belts (if applicable). | | | Y | Y | |
| 3 | Inspect all bars and handles for wear. Especially tab connection area points. | | | Y | Y | |
| 4 | Inspect snap links and grips. Replace all worn or loose snap links and grips. | | | Y | Y | |
| 5 | Check all labelling is readable. | | | Y | Y | |
| 6 | Check weight stacks are properly aligned and operating smoothly (if applicable). | | | Y | Y | |
| 7 | Clean guide rods with appropriate cleaner and lubricate (if applicable). | | | Y | Y | |
| 8 | Inspect functionality of machine especially pulleys, cables and seating (if applicable). | | | Y | Y | |
| 9 | Inspect pads for loose staples or bolts. | | | Y | Y | |
| 10 | Check all bushings and fittings. Lubricate where appropriate. | | | Y | Y | |
| 11 | Inspect frame especially at joints. | | | Y | Y | |
| 12 | Lubricate pop pins (if applicable). | | | Y | Y | |
| 13 | Inspect weights in weight stack for any damage (if applicable). | | | | Y | |
| 14 | Replace cable/belt (if applicable). | | | | Y | |
| 15 | Record all results in log book. | | | Y | Y | |

Special Comments and Technical Data

C SERVICE MONTHLY
 D SERVICE ANNUAL
 THIS IS A GENERIC SCHEDULE FOR SERVICING REQUIREMENTS FOR THIS EQUIPMENT.
 THE SERVICING IS TO BE DONE IN ACCORDANCE WITH THE MANUFACTURER'S WRITTEN INSTRUCTIONS WHICH MAY HAVE ADDITIONAL &/OR ALTERNATIVE SERVICING REQUIREMENTS &/OR SERVICING FREQUENCIES.
 SERVICE FREQUENCIES MAY VARY DEPENDING ON USAGE.

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For more information please contact the applicable Facilities Management Service Provider.



Government of South Australia
 Department of Planning,
 Transport and Infrastructure

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