

Cross-Trainer Machine

Last Issue Date: 12/12/2016		Type Of Service				
		A	B	C	D	E
Activity		A	B	C	D	E
1	Check footpads and pedal carriages are secure.		Y	Y	Y	
2	Check grips and handles have no damage.		Y	Y	Y	
3	Check screws are tight. Retighten where appropriate.		Y	Y	Y	
4	Test the operation and functionality of the cross-trainer and display board.		Y	Y	Y	
5	Check drive belt for wear or damage. Replace if cracked or damaged.			Y	Y	
6	Inspect stride operation. Lubricate if stride is not smooth.			Y	Y	
7	Inspect frame for any damage.				Y	
8	Record all results in log book.		Y	Y	Y	

Special Comments and Technical Data

B SERVICE MONTHLY
 C SERVICE 6 MONTHLY
 D SERVICE ANNUALLY
 THIS IS A GENERIC SCHEDULE FOR SERVICING REQUIREMENTS FOR THIS EQUIPMENT.
 THE SERVICING IS TO BE DONE IN ACCORDANCE WITH THE MANUFACTURER'S WRITTEN INSTRUCTIONS WHICH MAY HAVE ADDITIONAL &/OR ALTERNATIVE SERVICING REQUIREMENTS &/OR SERVICING FREQUENCIES.
 SERVICING FREQUENCIES MAY VARY DEPENDING ON USAGE.

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For more information please contact the applicable Facilities Management Service Provider.



Government of South Australia
 Department of Planning,
 Transport and Infrastructure

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